A day of Retreat for Ex-students

Retreat  Renew  Re-connect  Remember

“Wherever we may come alive, that is the area in which we are spiritual.”
- David Steindl-Rast

Where has your spiritual journey taken you since you graduated from Loreto Normanhurst?

You are invited to a day of reflection and conversation about life and faith.
Come and enjoy a relaxed and informal day, a time to think about and deepen your spiritual awareness with friends and graduates from 2000 – 2012.

10am – 4pm on Saturday 23 November 2013 at the Gonzaga Barry Centre, Loreto Normanhurst

10:00am: Gather and catch-up over coffee
10:30am: Welcome by Principal, Barbara Watkins
Sharing our stories: conversations about life and faith
My spiritual story: Rachael Knapman Class of 2008 and Emily Knapman 2009
12:15pm: Lunch
1:15pm: Finding stillness in daily life: facilitated by a meditation and mindfulness teacher
2:00pm: God in daily life: conversation and questions facilitated by a member of the IBVM
3:15pm: Eucharist: Fr Michael Stoney SJ

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Listen now to the gentle whispers…
Put your ear down close to your soul & listen