



## ***Sport at Loreto Normanhurst***

***“Loreto Normanhurst Sport – to inspire & challenge young women through movement & sport.”***

Loreto Normanhurst, in the spirit of Mary Ward, is a school community that encourages each student to fulfil her academic and personal potential, in an atmosphere of freedom, care and respect for the individual. <sup>1</sup>

### **ROLE OF SPORT**

Extra-curricular activity is a fundamental element of the FACE Curriculum (Faith, Academic, Community, Extra-curricular), allowing students to grow as part of a holistic education within the Loreto Normanhurst Student Growth Model (LNSGM). A comprehensive sports program is an integral part of a Loreto Normanhurst education. Sport at Loreto Normanhurst promotes skill development, a healthy lifestyle, leadership, fair play, grit, perseverance and team work. The School encourages students to participate in sporting activities as this is essential for the development of a well-rounded young person.

Loreto Normanhurst is pleased to offer Sport as an extracurricular option to students at the School. Sport is open to students of all ages and ability level. Some students strive to make the first teams and pursue representative pathways, while others play in social teams. Healthy competition, commitment to team mates and having fun characterise participation in the full range of sports on offer in the Loreto Normanhurst Sports Program.

In partnership with the coaches, staff, and parents, the Loreto Normanhurst Sport Program measures its success on the level of participation, commitment, results and enjoyment shown by all students. It is most important that Sport at Loreto Normanhurst provides an opportunity for students to grow as individuals as part of a holistic education underpinned by Loreto Values.

### **AIMS OF THE SPORT PROGRAM**

The Loreto Normanhurst Sport program aims to:

- 1) **Be inclusive and equitable.**
- 2) Provide a **positive and rewarding experience** for every student.
- 3) Offer excellent levels of quality coaching.
- 4) Provide both **social and competitive teams** to cater for students’ different skill levels and desired development.
- 5) Develop students’ **skills and technical abilities** in their chosen sports.
- 6) Grow **excellence and achievement** in sport for all students and to further develop sport at an elite level.
- 7) Provide a safe environment for students to learn new skills and push **personal limits** and boundaries to achieve beyond expectation.
- 8) Continue to **build community** by providing shared experiences for families and friends of Loreto Normanhurst which foster community spirit and pride.

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<sup>1</sup> Loreto Normanhurst Mission Statement

**A Loreto Normanhurst sportswoman displays growth in the following qualities:**

1. Sporting skill and development;
2. Respect and good sportsmanship;
3. Hard work and resilience;
4. Health and wellbeing; and
5. Teamwork and personal leadership.

*June 2017. To be reviewed June 2018 as per Loreto Normanhurst Policy Documents*